



WEIGHTLIFTING
WESTERN AUSTRALIA

STRATEGIC PLAN 2023-2026

To inspire and develop the sport of Olympic Weightlifting within Western Australia through outstanding leadership and expertise, so that it becomes a widely recognised sport that encourages participation at all levels and the pursuit of excellence.

VISION

To inspire and develop the sport of Olympic Weightlifting within Western Australia through outstanding leadership and expertise, so that it becomes a widely recognised sport that encourages participation at all levels and the pursuit of excellence.

ASPIRATIONS

To produce the biggest return in:

1. Increased awareness in the wider community of our school program.
2. Increased National presence and performance.
3. Increased Community participation.
4. Increased active national level technical officials.

Our aspiration is to be intrinsically linked to the WA sports sector as a proud sporting state, promoting health; where every child is hooked on sport for life and where Western Australia is recognized as a breeding ground for a nation of champions. WA Weightlifting is committed to our Aspirations and believe that we can offer a pivotal and unique role in helping to drive change across all sports.

Our 'Five Point Action Plan' reflects the need within our own specific environment. This plan will also support the targets set within the AWF High Performance Plan, in aiming for consistent and sustainable athlete performances at state and national level competitions.

INTRODUCTION

Since 2016, Weightlifting Western Australia has delivered an increased competition presence at national level, age-group championships. The number of medals has increased as has affiliated clubs and coaches. Our intention is to host at least one national championship every year.

The Weightlifting Western Australia Council continues to be renewed through the electoral process, allowing growth in strength, variable skill sets, management, control and direction. The Council has attained gender equity for the first time, in line with DLGSC requirements. Effective governance and a continual fostering of a one-team ethos has been central to our success over the quadrennial period.

With a continued commitment to excellence and targeted work, Weightlifting Western Australia is excited that the sport can be driven forwards both domestically and nationally with an effective strategy to gain success.

FIVE POINT ACTION PLAN

To ensure WWA is continually improving, promoting the elite athletes, providing a safe and drug-free weightlifting environment. Achieved via the following objectives:

Pathway Development

Supporting WWA affiliated clubs, coaches and technical volunteers. Planning and maintaining a strong educational strategy to sustainably increase participation.

Pathway to Performance

Ensuring our lifters have the best possible support and preparation for key, identified state and national championships. Annually nominate for at least one national championships.

Governance and Administration

Ensuring WWA can deliver and support this strategy and that high standards of good governance and management are sustained.

Education and Training

To ensure good provision to up skill coaches and officials. To develop and sustain a coach education program. Ensuring future growth and a well qualified weightlifting community.

Develop Non-Funded Revenue Stream

To ensure membership and club income continues to increase. To establish WWA as a coach education provider and target a wide audience.

1. PATHWAY DEVELOPMENT

Supporting WWA affiliated clubs, coaches and volunteers. Planning and maintaining a strong infrastructure to sustainably increase participation.

	2023	2024	2025	2026
	Target	Target	Target	Target
1.1 Increase the Number of Active Members Increase the number of active members recognized by WWA database, through improved infrastructure, social media promotion, participation in schools and festivals, the continued good work from Club Representatives, other local pathway initiatives and Talent ID initiatives	170	190	210	230
1.2 National Talent ID Program In partnership with the Australian Weightlifting Federation High Performance Plan, identify lifters likely to succeed at Youth, Junior, National and Elite level, and facilitate their development.				
1.3 Provide State competitions In partnership with stakeholders as per Memorandum of Understanding, maintain the WA Centre of Excellence as a venue, providing an elite level competition venue.				
1.4 Provide access to national competitions for AWF HPP squad members In partnership with affiliated club representatives, the athletes and the AWF, ensure lifters in the WA squad have opportunities to compete in state and national competitions at the appropriate level.				
1.5 Provide support systems for talented lifters Work with club coaches from WWA to identify and support potential representative lifters not currently in WA or AWF squads with an inclusive approach to state squad training sessions. These athletes will be added to a “ <i>Train on</i> ” list.				

2. PATHWAY TO PERFORMANCE

Ensuring our lifters have the best possible support and preparation for key, identified state and national championships.

2.1 Monitor value of Talented athletes Use current WWA data to monitor and annually review progress.

Review athletes who are recommended for local government and sporting body grants.

	2023	2024	2025	2026
	Target	Target	Target	Target
2.2 Projected Number of Lifters Achieving WA Representation	55	62	69	71
Medals Won				
Australian Seniors	6	7	7	8
Australian U23	6	7	7	8
Australian Juniors	6	7	7	8
Australian U17's. *denotes home nationals and higher home participation	8	9	9	10
Australian U15's	8	10	10	12

2.3 Increase the number of lifters able to achieve the AWF's qualifying standards

1) Create challenging targets

Annually review the qualifying standards for competing at state competitions, in conjunction with the AWF qualifying standards.

2) Provide state training sessions for all athletes who achieve qualification, and include "train on" athletes

3) Monitor and review state teams leading up to and during the qualifying period to the respective national championships.

4) Maintain and review a high-quality competition program

5) Continue to enter national competitions which provide challenging competition to our athletes

6) Ensure developing and performance lifters gain enough state experience leading to higher level competitions, by nominating and securing national level hosting rights to competitions.

7) Apply for and prioritize funding/sponsorship to arrange training camps for national competitions

8) Fully utilize WWA support staff at squad training camps, state and national competitions.

9) In partnership with the AWF, maintain current data system of lifters performance, monitoring and target setting.

3. LEADERSHIP, GOVERNANCE AND ADMINISTRATION

Ensuring WWA can deliver and support this strategy and that high standards of good governance and management are sustained.

3.1 Governance of WWA through use of Constitution.

- Examine what the Principles and Behaviours mean in our organization through the newly ratified constitution.
- Select an individual to take responsibility for the Constitution and its annual review
- Review current council and leadership of WWA and how it best serves the membership.

3.2 Self Assurance

Completion of the Annual Key Results Schedule (AKRS) in conjunction with the Department of Local Government, Sports & Cultural Industries. (DLGSC).

3.3 WWA Policies

Continue to annually review policies and update procedures. **Ensure all policies and procedures are communicated to council members and the general membership.**

3.4 Risk Management

It is important that the operation of WWA is within an effective management with key risk areas identified

- Annually review risk management strategy
- Annually update the risk register and monitor venue accreditation

3.5 Review and develop financial policies

3.6 Working With Children

Work closely with club representatives to ensure standards of the framework for safeguarding and protecting children in and through sport in WA are met.

3.7 Review and update website

Clear access to WWA website for members to view and locate policies quickly and easily.

4. EDUCATION AND TRAINING

To ensure good provision to up skill coaches and officials. To develop and sustain a coach education program and CPD opportunities. Ensuring future growth and a well qualified work force.

4.1 Continue to promote the AWF Coach Education Program within WWA.

4.2 Continue current coach program - Shadow Performance Staff

Provide opportunities for interested club coaches to gain performance coaching experience at national events

4.3 Implement coaching seminars

Sharing knowledge from within the weightlifting community and from outside coaches / performance staff

4.4 Continue to access WWA, AWF and DLGSC workshops

Council, coaches and technical officials attend and provide feedback to others

4.5 Maintaining accreditation database of coaches and technical officials.

In conjunction with AWF, maintain database of coaches and technical officials and key personnel.

4.6 Continue to raise standard of Officials

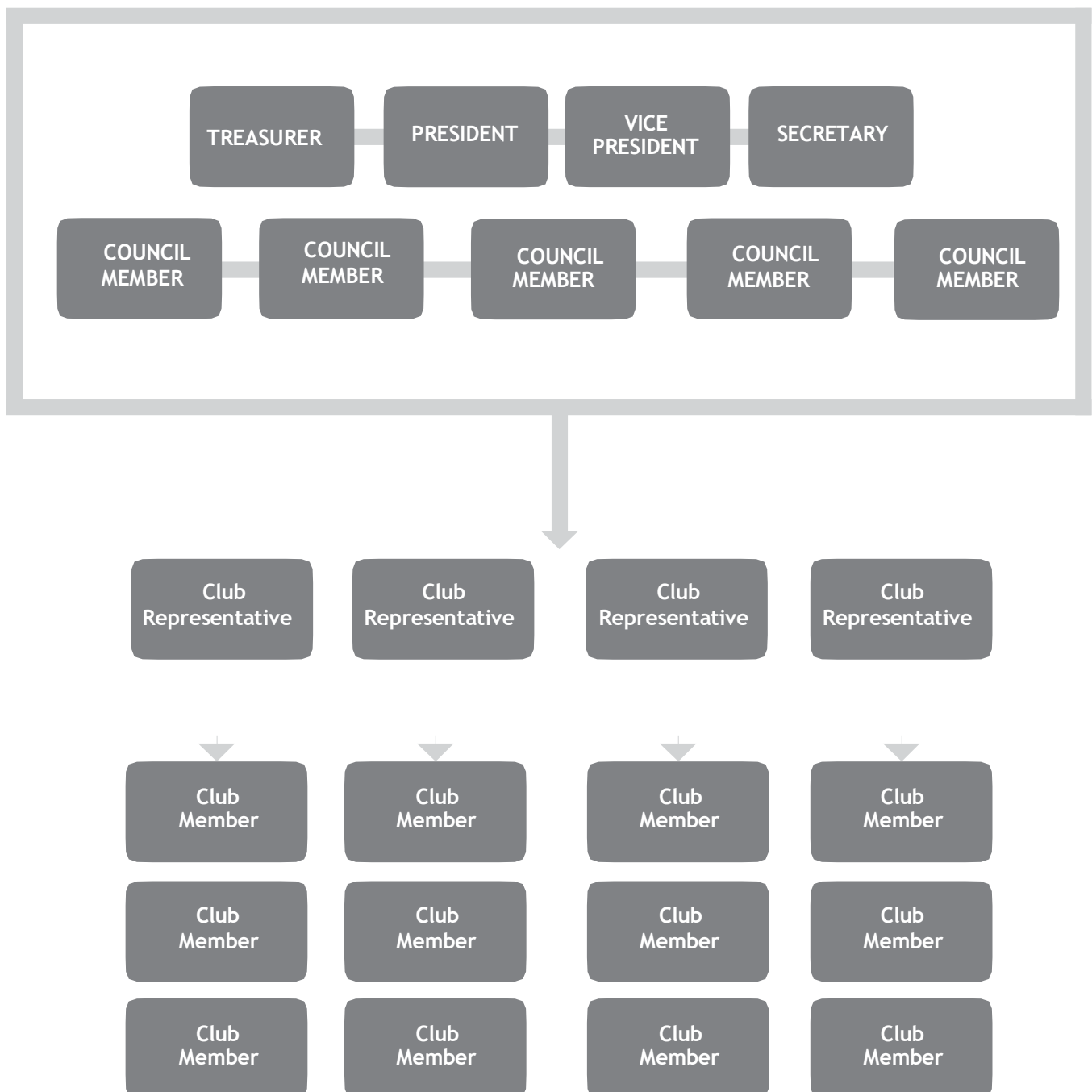
Continue to provide access to pathways for improvement, for current officials and encourage members from affiliates to become officials. Target current officials, who are able to meet criteria for national accreditation.

5. DEVELOP NON FUNDED REVENUE STREAM

To ensure membership and club income continues.

	2023	2024	2025	2026
	Target	Target	Target	Target
Individual membership	\$17,000	\$19,000	\$21,000	\$22,000
Competition entries	\$7,000	\$8,000	\$9,000	\$10,000
WWA Development Workshops				
Public Sector Sponsorship	\$3,000	\$3,000	\$3,000	\$3,000
Total non funded income				

ORGANISATIONAL CHART



WEIGHTLIFTING WA PATHWAY

